

# **Educaterers Lunch Menu Week 3**

Coventry and Warwickshire: 27/3, 17/4, 8/5, 19/6 and 10/7

Leicestershire: 27/3, 17/4, 8/5, 19/6, 10/7 Oxfordshire: 27/3, 17/4, 8/5, 19/6 and 10/7

# **Jacket Potatoes Every Day**



or

or

or

(vg) Sticky BBQ Quorn Fillet G.



(v) Cheese/Beans D or

(v) Cheese D.

or



(v) Cheddar Cheese G.D.



British Ham G.

Pork Meatballs SB, SU Tuesday

Monday



Chicken Korma Curry D. Wednesday



Roast Beef in Gravy, York Pud D.E.G

Thursday



(v) Veggie Toad in the Hole D.E.G.

(v) Cheese & Tomato

Pizza G.D.



Tuna Mayonnaise F.E.

# Week 3 Dessert Menu

## Every day we offer:

(v) Yoghurt, (D.) or fresh fruit as alternative dessert options

#### **Monday**

(vg) Homemade Chocolate Cracknel

#### **Tuesday**

- (v) Swirly Strawberry Mousse D.
- (vg) Homemade Orange Cookie G.

### Wednesday

(v) Homemade Fruit Crumble G. with Custard D.

#### **Thursday**

(vg) Homemade Flapjack G. with Fruit Wedges

### **Friday**

- (v) Dinky Donuts G.SB.D.E. with Chocolate Sauce SB.
- (v) Ice Cream Tub D.

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, semi skimmed milk or water to drink. Some schools offer a Hydration Station instead, comprising of unlimited chilled water flavoured with fresh fruit.

#### Accompaniments may vary to those shown.

PLEASE NOTE some schools serve the cold option in a deli bag with vegetable sticks or salad, a dessert and a drink

# Key

vg = vegan V = vegetarian

G = Gluten/Wheat F = Fish

D = Dairy N = Coconut/Nuts S = Sesame

M = Mustard

E = Egg

SB = Soya SU = Sulphites



Chicken Pie G. Friday







(vg) Breaded Vegetable Fingers G.



